


Leading Supportive-Expressive Group Therapy for People with Terminal Illness

 American Psychiatric Assn. honoree
American Psychological Assn. honoree
Western Psychological Assn. honoree

THIS WIDELY PRAISED four-part series features Dr. David Spiegel, the pioneering therapist, author, and Prof. of Psychiatry at the Stanford University School of Medicine. The series illustrates the principles and techniques of Supportive-Expressive Group Therapy and enables viewers to watch firsthand as a master applies this therapeutic method in actual sessions with the terminally ill — in this case women with advanced breast cancer.

The series is specifically designed to assist those who are considering or are interested in setting up group therapy or counseling programs, even if they have little or no experience in group therapy techniques. The series is aimed at psychologists, physicians, MFCCs, clinical social workers, PNP's, nurses, counselors, and other health-care professionals and volunteers who work with the terminally ill.

Dr. Spiegel guides viewers through the therapeutic approaches and techniques he has developed over his distinguished career. Scenes of actual group sessions alternate with commentary by Dr. Spiegel, who explains his techniques and analyzes the crucial moments and themes depicted in the sessions.

**Save More Than 20%!
Special Series Purchase Price: \$495**

"These videos are excellent guides, not only for health care professionals who want to learn how to run therapy groups, but also for all health and hospice care professionals who are interested in the psychosocial aspects of terminal illness. The segments on 'Dealing with Doctors' and 'Detoxifying Death' should be required viewing for anyone who works with oncology patients. David Spiegel is a wonderful teacher and therapist. I highly recommend the whole series." —Dr. Susan M. Love, Director, Revlon/UCLA Breast Center

"These videos combine clear instructions for group leaders with vividly real examples selected from group therapy. They will be extremely useful in training therapists and counselors for work in difficult but highly advantageous circumstances." —Dr. Mardi Horowitz, Prof. of Psychiatry, Langley Porter Center, UC San Francisco

The Process of Forming a Support Group and Detoxifying Death

This video shows how to build mutual support in a group and establish an atmosphere in which people can be direct, open, expressive of emotion, and nondefensive. It then illustrates how to help patients deal better with their fears about dying and death by addressing them openly and directly. In a particularly powerful scene, Dr. Spiegel articulates a life-affirming philosophy in response to a woman contemplating suicide.
60 min. Color 1996 Catalog #38298
Purchase: \$150, Rental: \$75

Taking Time and Fortifying Families

Dr. Spiegel demonstrates how the proximity of death can be a creative occasion for patients to reassess their life priorities and make decisions about what to do with their lives. Then he works with patients to enable them to interact and communicate better with their families.
60 min. Color 1996 Catalog #38299
Purchase: \$150, Rental: \$75



Dr. David Spiegel

Dealing with Doctors and Controlling Pain through Self-Hypnosis

Dr. Spiegel works with patients to enable them to deal more effectively with doctors and other health care professionals. Dr. Spiegel is noted for his simple methods of self-hypnosis, and in the second segment he demonstrates some of them with group members to help them manage pain.
60 min. Color 1996 Catalog #38300
Purchase: \$150, Rental: \$75

A Model Session


This video records a rich and complex session that illustrates exemplary techniques of group therapy. The session focuses on patients' fears of death and dying and their hopes for the limited lifetimes left to them. Includes an introduction and summary conclusion by Dr. Spiegel.
80 min. Color 1996 Catalog #38301
Purchase: \$175, Rental: \$85



Death: A Love Story

A 1999-2000 RELEASE!

Death: A Love Story

 Sundance Film Festival Official Documentary Selection
Western Psychological Assn. honoree
Natl. Educational Film Festival Award
Insight Award for Best Documentary,
Santa Barbara Intl. Film Festival
San Francisco Intl. Film Festival Award
USA Film Festival honoree
Montreal Intl. Film Festival honoree

With painstaking objectivity and deeply felt emotion, this intimate and innovative documentary shows us that life's greatest gifts can sometimes be found in the seeds of death. The film records the last year of the life of filmmaker Michelle Le Brun's husband, Mel Howard, noted Hollywood producer, actor, and film educator. It recounts his diagnosis of primary liver cancer and unflinchingly chronicles all phases of his struggle to live, including alternative therapies, chemotherapy treatment, and a failed liver transplant.

The heart of the film, though, is its depiction of the couple's arduous emotional journey and their search for dignity and grace while enmeshed in the world of medical technology, both traditional and alternative. In the end, Howard shares his death and his discoveries about life with extraordinary clarity and wisdom.

This profound documentary examines the gifts that death offers when we are able to put our fears, confusion, and denial aside and simply sit and listen to our loved ones as they pass. It will inspire reflection and discussion in any course that deals with death and dying, marriage and family relationships, psychology, or medical ethics and practices. It was produced by Michelle Le Brun.

"A compelling, insightful, and ultimately reassuring look at facing death with grace and inner peace."
—Glenn Lowell, *Variety*


"Elizabeth Kubler-Ross's Death and Dying is required reading in many courses, as well it should be. Yet as powerful as that book is, it didn't hit me in the gut nearly as much as Death: A Love Story. This film is as important as it is unique. The filmmaker has created a painstakingly objective birdseye view of the dying process as it slowly overcomes the most important person in her life.... All of us should watch this film and learn by it." —Douglas Tyler, M.D.

63 min. Color 1999 Catalog #38470
Sale: video \$225, Rental: video \$75



Once Upon a Loss: A New Look at Cinderella

Once Upon a Loss: A New Look at Cinderella


 American Psychological Assn. honoree
Western Psychological Assn. honoree
Assn. for Death Education and
Counseling honoree
American Public Health Assn. honoree

This brilliantly conceived and compelling documentary is about loss, despair, and remembering. With originality, insight, and emotional power it interweaves three thematic strands. First are the stories of four remarkable women who when young lost their mothers to death or abandonment. Second is an off-screen retelling (illustrated by superb on-screen paintings) of the original Grimm Brothers' tale of *Cinderella*. Lastly, and tying everything together, is a new and fascinating interpretation of *Cinderella* by the noted Swiss Jungian analyst Kathrin Asper as a parable of emotional abandonment, grief, and an individual's search for self-identity and self-esteem. This memorable film is a must for any course that deals with death, dying, grief, or bereavement. Produced by Carolyn Stonewell.

"A beautiful film that brings out clearly a number of issues related to grief, mourning, sorrow, and healing that need to be reiterated again and again. I look forward to using it in my teaching."—Prof. Phyllis R. Silverman, Dept. of Psychiatry, MGH Harvard Medical School

49 min. Color 1995 Catalog #38305
Sale: video \$195, Rental: video \$75

The Rules of Dying

 Natl. Educational Film Festival Gold Apple Award
Natl. Council on Family Relations Award
American Psychological Assn. honoree
Natl. Center for Death Education honoree


This riveting documentary of one family's experience with AIDS, loss, and remembrance follows the filmmaker's family through the final two years of her husband's life as he deteriorates from complications of AIDS. The filmmaker, her daughters, and the husband himself unravel the complex layers of denial, coping, and acceptance that take place in a family during one member's terminal illness. With unwavering candor, they help the viewer understand AIDS, terminal illness, death, and the ability of families to face challenges, be transformed by them, and continue living their lives. This powerful, unflinching account is a must-see for students and caregiving professionals in any discipline that deals with issues related to death and dying. Produced by Stephanie Homan.

"One of the finest films I have ever seen in the field of death, dying, and bereavement."—Dr. Victor F. Scalise, Jr., Founder, Natl. Center for Death Education

"Courageous, inspirational, powerful, and expertly told. Students will experience a roller coaster of emotional response and gain a rich appreciation of and deep sensitivity to the challenges experienced by all families facing death."—Stanley Berman, Prof. of Clinical Psychology, Mass. School of Professional Psychology

45 min. Color 1996 Catalog #38341
Sale: video \$195, Rental: video \$70

Understanding Maternal Grief

 American Psychological Assn. honoree
American Psychiatric Assn. honoree
American Public Health Assn. honoree
Assn. for Death Education & Counseling honoree

This much-honored, ongoing series explores the range and depth of family grief following a reproductive loss and shows strategies for dealing with that grief. Produced by Margaret Nicol, noted Australian clinical psychologist and author.

Save More Than 20%
Special Series Price: \$950 for All Ten Titles!

Children's Grief Following the Death of a Sibling

Shows that when parents do not involve their children in the process of grief, the siblings' own sense of safety and security can be devastated.

24 min. Color 1995 Catalog #38346

Loss of a Baby: The Father's Grief

Examines the effects of grief on fathers, who are expected to be strong and supportive and show no overt signs of their own feelings or needs.

20 min. Color 1995 Catalog #38347

SIDS: A Mother's Grief

Sensitive profile of a bereaved mother whose child died of Sudden Infant Death Syndrome. Explores her resolution of her grief and its effects on her subsequent pregnancy.

25 min. Color 1995 Catalog #38348

SIDS: A Father's Grief

A portrait of the husband of the woman featured in the preceding title, examining how his grief differed from his wife's.

21 min. Color 1995 Catalog #38349

Unresolved Grief and Its Effects on Subsequent Pregnancies

Shows the devastating emotional effects that can result when a woman who experiences a stillbirth is advised by her doctor to become pregnant again as soon as possible.

40 min. Color 1995 Catalog #38350

Loss of a Baby: Death of a Dream

In this poignant study, four bereaved women profiled in the following programs recount their long-term experience with grief and describe the processes that helped them overcome it.

45 min. Color 1992 Catalog #38179

Infertility and Adoption

Infertility is perhaps the most unacknowledged and painful grief in our society. This video focuses on a woman who faced the pain of infertility for 17 years before adopting children.

24 min. Color 1992 Catalog #38180

Miscarriage and Stillbirth

This moving portrait of a woman who has had several miscarriages and a stillbirth illustrates the psychological needs of bereaved women.

51 min. Color 1992 Catalog #38181

Neonatal Death

A compassionate but incisive exploration of the effects of a baby's death on the mother's mental and physical health.

46 min. Color 1992 Catalog #38182


The Birth of a Handicapped Baby

Insightful examination of the grief reactions of women who give birth to handicapped babies.

39 min. Color 1992 Catalog #38178

Sale: video \$125 each, Rental: video \$60 each

Some Babies Die

 Health Sciences Communications Assn.
"Best Film of The Year" Award
Assn. for the Care of Children's Health
"Best Film of The Year" Award
American Psychiatric Assn. honoree
American Psychological Assn. honoree

Elisabeth Kubler-Ross narrates this powerful and profoundly moving Australian documentary on the grief of stillbirth and neonatal death. It focuses on a family coping with the death of a newborn. Under the guidance of a skilled and sensitive medical team — a pediatrician, nurse, and psychologist — the family undergoes a unique counseling process in which they are encouraged to create memories of the baby and work through and resolve their grief over its death. This is one of the most honored and acclaimed documentary films of the last 15 years. Produced by Martyn Langdon Down.

55 min. Color 1987 Catalog #37340
Sale: video \$195, Rental: video \$60



Angola Prison Hospice: Opening the Door

A 1999-2000 RELEASE!

Angola Prison Hospice: Opening the Door

Half of the 5,000 inmates at the maximum-security Louisiana State Penitentiary at Angola are serving life sentences, and it is estimated that 85% of them will grow old and die there. This impressive documentary examines one of the nation's first prison-based hospice programs, a program which notably incorporates inmate volunteers into the care of other dying inmates.

The film explores the special needs of Angola's hospice patients and their families and explains the adaptations made to the program to meet the unusual requirements of a correctional institution. It provides a fascinating, often moving account of how the hospice experience can profoundly touch even forsaken lives. By Edgar Barens for the Open Society Institute.

"Depicts the power of human beings to overcome animosity, fear, guilt, and racism in a truly unlikely place: the maximum security Angola Prison. In the prison hospice program, inmate volunteers, correctional, and healthcare workers team up to provide terminally ill prisoners with comfort and care at the end of life. The video demonstrates humane interdisciplinary solutions to problems studied by those in the social sciences, health care, criminal justice, and law." — Mary K. Shilton, Co-Chair, Corrections, Sentencing and Guidelines Committee, American Bar Assn.

23 min. Color 1999 Catalog #38464
Sale: video \$175, Rental: video \$50

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Death: A Love Story (page 1):

"A compelling, insightful, and ultimately reassuring look at facing death with grace and inner peace."



The Rules of Dying (page 2):

"This is one of the finest films I have ever seen in the field of death, dying, and bereavement. It touches on all the human dimensions of this process with profound integrity and honesty."

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